

# AZEFT Community

*Emotionally Focused Therapy in Arizona*

proudly presents

## Attachment, Addiction, and Relational Injuries By Jim Thomas, LMFT

**Date:** Saturday, November 5, 2016

**Time:** 8:30am – 9:00am Registration and Check-In  
9:00am – 4:30pm Presentation

**Location:** New Vision Center  
18010 Tatum Blvd., Phoenix, AZ 85032

**Cost:**

<i>By 10/30/16</i>	<i>After 10/30/16</i>
Members \$180	Members \$202.50
Non-Members \$200	Non-Members \$225
Students \$125	Students \$125



**Register Online at [www.azeft.com/events](http://www.azeft.com/events)**

The AZEFT Community is excited to present this workshop on working with addictions in the context of EFT. Through teaching, therapy videos, and exercises, this one-day workshop is designed to help couple therapists improve their skills in working with addictions and related attachment injuries that create and maintain relationship distress. This workshop is appropriate for mental health professionals and mental health students who practice couple therapy. The instructional level of this workshop is geared toward an intermediate level audience. The focus of the workshop is on the treatment of addiction using an attachment frame, and will be of interest to EFT therapists or therapists who use other models.

**Objectives of the Training:** (1) Explore how addiction negatively impacts relationships. (2) Describe understanding addiction from the lens of attachment theory/process. (3) Explore how addiction affects emotional processing. (4) Define attachment injuries. (5) Operationalize "Catching the Bullet."

**Presenter:** Jim Thomas, LMFT, EFT Trainer, is known for his engaging presentation style, vulnerability and depth of knowledge regarding Emotionally Focused Therapy and working with addictions, shame and other related topics. Director Emeritus, Denver Family Institute, accredited post-graduate degree training program, and current Director, Colorado Center for E.F.T., Jim's mission centers on "Opening Hearts, Inspiring Growth and Deepening Connections." His passion, E.F.T. Therapy and Training, shines through in his workshops.

**6 Continuing Education Credits available:** RN as required by the California Board of Registered Nursing. Approval #CEP 12719. Psychologists -This program is co-sponsored by [Sierra Tucson](http://SierraTucson.com) and AZEFT. Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists; Sierra Tucson maintains responsibility for this program and its content. Participants must be present for the entire presentation and complete the evaluation in order to obtain a CE certificate.

For questions regarding the event please email Rachel Thomas at [therapywithheart@gmail.com](mailto:therapywithheart@gmail.com).

*"Jim's workshops are excellent. If you are able to attend, you will not leave disappointed. Jim's energy and authenticity helped me move my work with couples to a new and deeper level." – Kate Pickett, Therapist, Pennsylvania*



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