



## ARIZONA CENTER FOR EMOTIONALLY FOCUSED THERAPY

*proudly presents*

### Self-of-Therapist in EFT

with EFT Certified Supervisor **Lee Geldmacher**, MA, LMFT

*"Presence, attunement, and resonance within our self will lead to greater presence, attunement, and resonance within our clients."*

~ Daniel Siegel, *The Mindful Therapist* (2010)

In this **Community Workshop**, the all-important topic of "Self-of-Therapist" will be explored as it relates to our work with clients in therapy. This coming together of our local EFT community will provide a safe and supportive environment for meaningful conversation about how to understand and manage our own reactions and emotions when we are sitting across from clients who are experiencing their own reactions and emotions.



Lee Geldmacher

<b>Date:</b>	Saturday, February 2, 2019	
<b>Time:</b>	9:30am - 10:00am Registration & Networking (optional) 10:00am - 12:00pm Community Workshop	
<b>Location:</b>	Fuller Theological Seminary, 1110 E. Missouri Ave, Alpine Room (Suite 780), Phoenix 85014	
<b>Cost:</b>	<i>Members</i>	<i>Non-Members</i>
	\$15 online pre-registration	\$20 online pre-registration
	\$20 at the door	\$25 at the door

Objectives: (1) Discuss common self-of-therapist "blocks" that can interfere with an EFT therapist's work with clients; and (2) Explore individual participants' reactions and emotions that may get triggered when working with clients.

To register online, please go to [www.AZEFT.com](http://www.AZEFT.com)