



## ARIZONA CENTER FOR EMOTIONALLY FOCUSED THERAPY

*proudly presents*

### Going Into the Fire: Working with Highly Escalated Couples

by ICEEFT Certified Trainer **George Faller**

**Date:** Saturday, November 7, 2020

**Time:** 9am - 4pm

**Location:** VIRTUAL over Zoom (link provided by email prior to event)

**Cost:** Members \$175    Non-Members \$200    Students \$100



Register Online at [www.azeft.com/annualtraining](http://www.azeft.com/annualtraining)

**Do escalated couples make you want to quit being a therapist? Join us as we explore those moments of greatest difficulty for couples, from still-face to high reactivity to despair and rage.** Learn how to keep your focus and go deeper into the face of reactivity. We will explore, demonstrate, practice, and integrate in an interactive, experiential way. Through a combination of lecture, videotape, and exercises, participants will learn to identify the basic stages and steps of Emotionally Focused Therapy and to help couples recognize and de-escalate problematic cycles of interaction.

**Objectives of the Training:** (1) Identify the assumptions, stages, and steps of EFT, as well as key change events; (2) Articulate key interventions that help clients to reprocess key emotional responses and reduce reactivity; (3) Identify common therapeutic impasses in EFT and how to address them and implement EFT interventions in clinical exercises and case examples; (4) Describe the process model of emotion as defined by Magda Arnold; (5) Define the EFT clinical skills associated with De-escalation;

(6) Describe the function of protective strategies that create negative cycles; and (7) Identify the positive cycle of responsiveness to replace the escalated, negative cycle.

**Presenter: George Faller, LMFT**, is a licensed Marriage and Family Therapist in Connecticut and New York; an AAMFT Supervisor; and a Certified EFT Therapist, Supervisor, and Trainer. Additionally, he is the Founder and President of the New York Center for Emotionally Focused Therapy and teaches at the Ackerman Institute in Manhattan. He holds a BA in Political Science from Queens College and an MS in Marriage and Family Therapy from Iona College, where he graduated at the top of his class.



**7 Continuing Education Hours available:** Participants must be present for the entire presentation and complete the online evaluation in order to obtain a formal CE Certificate for 7 hours.

For questions regarding the event, please email: [azeftcommunity@gmail.com](mailto:azeftcommunity@gmail.com)

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