ARIZONA CENTER FOR EMOTIONALLY FOCUSED THERAPY

proudly presents

Restoring Broken Bonds: EFT and Healing Relationship Betrayals

by ICEEFT Certified Trainers James Furrow, Ph.D. & Lisa Palmer-Olsen, Psy.D.

Date: October 25-26, 2019
Time: 9am - 5pm both days (Registration begins at 8:30am)
Location: Venue 8600

8600 E Anderson Dr., Scottsdale, AZ 85255

Cost:

By 7/31/19 | 8/1/19 - 9/30/19 | On or After 10/1/19
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Members $340 | Members $365 | Members $390
Non-Members $375 | Non-Members $400 | Non-Members $425
Students $125 | Students $125 | Students $125

Associate-Level Licensed Professionals and Active Members of the Military will receive a $100 discount.

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Couples dealing with major trust betrayals is often the most frequent presenting concern in couple therapy. Although a common reason given for divorce, many couples seek treatment to heal their relationship following an affair rather than pursue its end. This training reviews practices and resources that help couples work through the injury of a betrayal and its collateral impact using Emotionally Focused Couple Therapy. This advanced Master Class involves a full-day of didactic training, including examples of couples working through these injuries. The training also provides opportunity for focused case reviews addressing specific questions and treatment issues focused on repairing relationship betrayals commonplace in everyday clinical practice. Demonstration and discussion of EFT practice based upon clinical cases brought by workshop participants. Our format provides opportunity for moment-to-moment discussions of the EFT process in betrayal repair, as well as experiential exercises that integrate EFT theory and practice.
Objectives of the Training: (1) Identify the impact of relationship betrayal on a couple relationship, (2) Identify the impact of relationship betrayal on the process of couple therapy, (3) Critique partner betrayals and related distress using attachment theory, (4) Identify factors associated with resilience in face of relationship loss, trauma, and adjustment, (5) Describe the process and characteristics of recovery from a relationship betrayal, (6) Conceptualize the treatment of attachment injuries within the EFT process of change, (7) Review process for disclosure of a relationship betrayal, (8) Apply EFT interventions that foster stabilization in the context of heightened distress common following disclosure of relationship betrayals, (9) Practice EFT interventions used in accessing and processing emotional blocks associated with relationship betrayals, (10) Recommend partner's access and sharing of pain, loss, and remorse associated related to an attachment injury, (11) Practice EFT interventions and practices that enable couples to renew trust and re-engage new patterns of security following a relationship injury.

Presenters: James Furrow, Ph.D. is an internationally recognized leader and contributor to the practice of Emotionally Focused Therapy (EFT) with couples and families. Together with EFT originator, Dr. Susan Johnson, Jim co-authored Becoming an EFT Therapist: The Workbook and The EFT Casebook. He is co-author of Emotionally Focused Couple Therapy for Dummies, a practical resource for couples and therapists seeking an everyday understanding of EFT principles and practices. Jim maintains an active research program examining the process of EFT and its effectiveness with couples and families. Jim is an ICEEFT certified EFT therapist, supervisor, and trainer. Formerly Jim served as the inaugural Evelyn and Frank Freed Professor of Marital and Family Therapy at Fuller Graduate School of Psychology in Pasadena California, where he trained psychologists and marital and family therapists in couple and family therapy. He is a clinical fellow and an approved supervisor of the American Association for Marriage and Family Therapy, a member of the National Council on Family Relations, and a Certified Family Life Educator. Jim served as co-founder and Executive Director of the Los Angeles Center for Emotionally Focused Therapy before relocating to the Seattle area.

Lisa Palmer-Olsen, Psy.D. is a licensed Marriage and Family Therapist in San Diego, CA. She is an ICEEFT Certified Therapist, Trainer, and Supervisor, and is a Founder and one of the Directors of the Emotionally Focused Couples Training and Research Institute at Alliant International University. Dr. Palmer-Olsen’s primary clinical and research interests are in the areas of couple and family therapy, specifically with those couples and families dealing with trauma and attachment-related struggles. She is a clinical member and an approved supervisor of the American Association for Marriage and Family Therapy. Dr. Palmer-Olsen is also co-founder and clinical director for the Alliant Couple and Family Clinic, which is a San Diego-based 501(c)(3) nonprofit therapy clinic, specializing in family and couple therapy offering individual and group counseling sessions for military and all clients in distressed relationships.

14 Continuing Education Hours available: This program is sponsored by AZEFT, and maintains responsibility for this program and its content. Participants must be present for the entire presentation and complete the evaluation in order to obtain an attendance certificate.

For questions regarding the event, please email: azeftcommunity@gmail.com

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